



# Colegio de Médicos Cirujanos de Puerto Rico ANNUAL CONVENTION 2012

Puerto Rico Convention Center "Pedro Roselló", San Juan  
December 13-16, 2012

Preliminary program

## Medical Ethics and Professionalism Seminar

Thursday, December 13, 2012

7:00 – 4:00 am	Register	Moderadores <i>Dra. Carmen López Acevedo</i>
8:00 – 8:30 am	Welcome and Pre-Test	<i>Dra. Carmen López Acevedo</i> <i>Medicina Física y Rehabilitación</i>
8:30 – 9:00 am	Introduction to Medical Ethics	<i>Dr. Raúl Pérez Torres, Ophthalmologist</i>
9:00 – 9:30 am	Ethical Responsibilities in Clinical Investigation	<i>Dr. Robert Hunter Mellado, Hematólogo- Oncólogo</i>
9:30 – 10:00 am	Fundamental Elements of Physician-Patient Relationship	<i>Dra. Vilma Mccarthy Nazario, Psiquiatra</i>
10:30 – 11:00 am	Beginning-of-Life Ethical Dilemmas	<i>Dra. Gloria Reyes Báez, Neonatología</i>
11:00 – 11:30 am	End-of-Life Ethical Dilemmas	<i>Dr. Robert Hunter Mellado, Hematólogo Oncólogo</i>
11:30 – 12:00 am	Q & A	Q & A
1:00 – 2:00 pm	Maleficence and Medical Errors	<i>Dr. Jesus Muñiz González, Medicina Interna</i>
	Ethical and Political Issues: Physician-Health Organization Relationships	<i>Jesús Muñiz González, MD, Medicina Interna</i>
2:00 – 2:20 pm	Physician: Courage and Integrity	<i>Sonia Quiros Irizarry, M.ED, Psy. D-S, Psicóloga</i>
2:20 – 3:00 pm	Fees for Medical Services: Contractual Relationships	<i>Dra. Maribel Campos Rivera, Pediatra</i>
3:15 – 3:45 pm	Guidelines for Ethical Conflicts Resolution	<i>Dr. Raúl Pérez Torres, Oftalmólogo</i>
3:45 – 4:15 pm	Communication Media: Standards of Professional Responsibility	<i>Dr. Natalio Izquierdo Encarnación, Oftalmólogo</i>
4:15 – 4:30 pm	Challenging Cases and Closing statement	

## Health Promotion and Disease Prevention in Puerto Rico Making Prevention and Health Promotion a Priority

Friday, December 14

AM	Track A: Women Healthcare	Track B : Child Health Promotion
8:00 – 8:30	Type 2 Diabetes, Obesity and Overweight Status: Modifiable Health Problem. <i>Dra. Myriam Z. Allende Vigo</i>	Metabolic Syndrome in Childhood: Associated Risk Factors. <i>Dr. Francisco Nieves Rivera</i>
8:30 – 9:00	Preventing Cardiovascular Diseases in Women. <i>Dra. Norma A. Devarie Díaz</i>	Childhood Obesity and Adult Cardiovascular Disease Risk. <i>Dra. Olga Billoch Picó</i>
9:00 – 9:30	Implementing Recommendations for Early Detection of Breast and Cervical Cancer. <i>Dra. Susana Schwarz Reitman</i>	Effectiveness of Disease-Modifying Antirheumatic Drugs for Children with Juvenile Idiopathic Arthritis. <i>Dra. Ivonne Arroyo-Rivera</i>
9:30 – 10:00	Bone Health in Women. <i>Dra. Josefina Romaguera Agrait</i>	Vitamin D for Child Health. <i>Dr. Carlos A. Leyva Jordán</i>
10:00 – 10:30	Panel Discussion: Questions and Answers	Panel Discussion: Questions and Answers
11:00 – 12:00	<b>PLENARY SESSION</b> Presidential Address: Puerto Rico Healthcare System: Now and the Future National Regulatory Actions to Reform HealthCare <i>Dr. Eduardo Ibarra Ortega Presidente Colegio de Médicos-Cirujanos de Puerto Rico</i>	
PM	Track A: Mental Health	Track B : Young and Adolescent Healthcare
1:00 – 1:45	Recovery Issues in Mental Illness. <i>Dr. Néstor J. Galarza Díaz</i>	Sexually Transmitted Infections Among Adolescents. <i>Dra. Edna Serrano Oyola</i>
1:45 – 2:30	Psychiatric Disorders: Assessment, Treatment and Prevention <i>Dra. Bárbara A. Díaz Hernández</i>	Managing Obesity with Exercises in Young and Adolescents. <i>Dr. Gerardo E. Miranda Comas</i>
2:30 – 3:00	Generalized Anxiety Disorder in Elderly Patients: Epidemiology, Diagnosis and Treatment Options. <i>Dr. Carlos Caban Pacheco</i>	Reducing the Impact of Meningococcal Disease in Adolescents <i>Dra. Iris R. Cardona Gerena</i>

3:30 – 4:15	Drug Abuse and Alcoholism: Relation with Violence How to Manage or Prevent. <i>Dr. Arnaldo Cruz-Igartua</i>	Nutrition: The Role in the Prevention of Overweight, Obesity and Malnutrition. <i>Dr. Luis A. Torres Suárez</i>
4:15 – 5:00	Urgency to Treat Mood Disorders: Primary and Preventive Approach <i>Dra. Ileana M. Fumero Pérez</i>	Mental Health: Prevention of Illness, Addictions, Accidents and Violence in Adolescents. <i>Dra. Lelis L. Nazario Rodríguez</i>
5:00 – 6:30	Electronic Medical Record – 5:00-5:45 pm Panel Discussion – 5:45 – 6:30 pm	

### Saturday, December 15

AM	Track A: Health Promotion and Disease Prevention - Tips for Men	Track B: Preventive Effects of Alternative and Complementary Medicine
8:00 – 8:30	Skin Cancer: Melanoma Early Diagnosis and Management. <i>Dr. Hiram Ruiz Santiago</i>	Controversial Views on What Preventive Medicine Is (Based on The Medical Educational Paradigms of Disease). <i>Dr. Iván Figueroa Otero</i>
8:30 – 9:00	Colon and Pancreatic Cancer: Present and Future. <i>Dr. Walter E. Janer Martínez</i>	
9:00 – 9:30	What you know about prevention of Prostate Cancer? <i>Dr. Antonio Puras Baéz</i>	Myofascial Pain, Trigger Point and Acupuncture. <i>Dra. Myriam Crespo Hernández</i>
9:30 – 10:00	What's New in Stroke Prevention. <i>Dra. Ana J. Román García</i>	Preventive Effect of Electrical Acupoint Stimulation on Lower Limb Thrombosis. <i>Dr. Juan Alicea Ortiz</i>
10:00 – 10:30	Panel Discussion: Questions and Answers	Panel Discussion: Questions and Answers
11:00 – 12:00	PLENARY SESSION Disorders and Diseases affecting our Island: What they are, how they are treated and their prevention <i>Dr. Norman Maldonado Simon</i>	
PM	Track A: Mental Health	Track B : Young and Adolescent Healthcare
1:00 – 1:45	Effect of Exercises on Muscle and Body Composition in an Elderly Population. <i>Dr. William Micheo Martínez</i>	Does Metabolic Surgery Cure Diabetes? <i>Dra. Ana T. Santos Quiñones</i>
1:45 – 2:30	Interventions for Preventing Falls in Elderly People. <i>Dr. Edward Ramos-Cortés</i>	Prevention of DVT after Surgery. <i>Dr. Antonio Otero-López</i>
2:30 – 3:00	Nutrition: The Role and Evidence for Supplements. <i>Sandra Soltero, MsN</i>	Physical Activity is the Key to Living Well. <i>Dra. Roxanna Amil Cintrón</i>
3:30 – 4:15	Impact of Polypharmacy in the Elderly: Evidence-Based Clinical Practice. <i>Dr. Juan Rosado-Matos</i>	Occupational Safety and Health in Puerto Rico: Looking to the future. <i>Dr. Roberto López Nieves</i>
4:15 – 5:00	Male Menopause, Myth or Reality? <i>Dr. Ricardo Saadé Yordán</i>	Prevalence of Dermatitis in the Working Population. <i>Dr. José Méndez Coll</i>
5:00 – 5:30	Panel Discussion: Questions and Answers	Panel Discussion: Questions and Answers

### Sunday, December 16, 2012

AM	Dengue Clinical Case Management Course	Aggression and Violence Seminar: Identification to Help and Interventions to Heal:
	Moderator: <i>Dr. José M. Fors Carbonell</i>	Moderator: <i>Dra. Iris J. Casiano Rivera</i>
8:00 – 10:00	Transmission and Epidemiology of Dengue Case definition and clinical course of Dengue. <i>Ana L. Medina Mateo, MD</i>	Dealing with an Actual Epidemic: Emotional Aggression <i>Douglas J. Romero Villaveitía, MD, DABPN, CPPF Psychiatrist Physician</i>
		The Marks of Evil: Physical Aggression: <i>Douglas J. Romero Villaveitía, MD, DABPN, CPPF Psychiatrist Physician</i>
10:30 – 12:30	Clinical and differential diagnosis. Clinical and laboratory assessment. Management and treatment of Dengue <i>Haydee García Díaz, MD</i>	A Common Violence Manifestation: Sexual Aggression: <i>Carmen G. Valcárcel Mercado, MD, PhD(c) Primary Care Physician and Clinical Sexologist</i>
		Domestic Violence Redefined: Gender Specific Violence: <i>Carmen G. Valcárcel Mercado, MD, PhD(c) Primary Care Physician and Clinical Sexologist</i>
12:30 – 1:30	Lunch & Closing Comments	Lunch & Closing Comments